

January

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i> 1	<i>Sat</i> 2
3	4 LIFTING 5:45 AM-7AM LIFTING 2:45 PM-4PM	5 LIFTING 5:45 AM-7AM LIFTING 2:45 PM-4PM	6 LIFTING 5:45 AM-7AM LIFTING 2:45 PM-4PM TD CLUB MTG @ 6 PM COACH LOPARO'S RM	7 LIFTING 5:45 AM-7AM LIFTING 2:45 PM-4PM	8	9
10	11 LIFTING 5:45 AM-7AM LIFTING 2:45 PM-4PM	12 LIFTING 5:45 AM-7AM LIFTING 2:45 PM-4PM	13 LIFTING 5:45 AM-7AM LIFTING 2:45 PM-4PM	14 LIFTING 5:45 AM-7AM LIFTING 2:45 PM-4PM	15	16
17	18 NO SCHOOL	19 LIFTING 5:45 AM-7AM LIFTING 2:45 PM-4PM	20 LIFTING 5:45 AM-7AM LIFTING 2:45 PM-4PM TD CLUB MTG @ 6PM COACH LOPARO'S RM	21 LIFTING 5:45 AM-7AM LIFTING 2:45 PM-4PM	22 LIFTING 5:45 AM-7AM LIFTING 2:45 PM-4PM	23
24	25 NO SCHOOL	26 LIFTING 5:45 AM-7AM LIFTING 2:45 PM-4PM	27 LIFTING 5:45 AM-7AM LIFTING 2:45 PM-4PM	28 LIFTING 5:45 AM-7AM LIFTING 2:45 PM-4PM	29 LIFTING 5:45 AM-7AM LIFTING 2:45 PM-4PM	30
31						

2010

February

Sun

Mon

Tue

Wed

Thu

Fri

Sat

1

LIFTING 5:45 AM-7AM
LIFTING 2:45 PM-4PM

2

LIFTING 5:45 AM-7AM
LIFTING 2:45 PM-4PM

3

LIFTING 5:45 AM-7AM
LIFTING 2:45 PM-4PM
**PARENT MTG GRADES
6th-11th IN THE HS
COMMONS 7-8 PM**

4

LIFTING 5:45 AM-7AM
LIFTING 2:45 PM-4PM

5

6

7

8

LIFTING 5:45 AM-7AM
LIFTING 2:45 PM-4PM

9

LIFTING 5:45 AM-7AM
LIFTING 2:45 PM-4PM

10

LIFTING 5:45 AM-7AM
LIFTING 2:45 PM-4PM

11

LIFTING 5:45 AM-7AM
LIFTING 2:45 PM-4PM

12

13

FOOTBALL BINGO

14

15

NO SCHOOL

16

LIFTING 5:45 AM-7AM
LIFTING 2:45 PM-4PM

17

LIFTING 5:45 AM-7AM
LIFTING 2:45 PM-4PM

18

LIFTING 5:45 AM-7AM
LIFTING 2:45 PM-4PM

19

20

21

22

LIFTING 5:45 AM-7AM
LIFTING 2:45 PM-4PM

23

LIFTING 5:45 AM-7AM
LIFTING 2:45 PM-4PM

24

LIFTING 5:45 AM-7AM
LIFTING 2:45 PM-4PM

25

LIFTING 5:45 AM-7AM
LIFTING 2:45 PM-4PM

26

27

28

2010

March

Sun

Mon

Tue

Wed

Thu

Fri

Sat

1

LIFTING 5:45 AM-7AM
LIFTING 2:45 PM-4PM

2

LIFTING 5:45 AM-7AM
LIFTING 2:45 PM-4PM

3

LIFTING 5:45 AM-7AM
LIFTING 2:45 PM-4PM
TD CLUB MTG @ 6PM
COACH LOPARO'S RM

4

LIFTING 5:45 AM-7AM
LIFTING 2:45 PM-4PM

5

6

7

8

LIFTING 5:45 AM-7AM
LIFTING 2:45 PM-4PM

9

LIFTING 5:45 AM-7AM
LIFTING 2:45 PM-4PM

10

LIFTING 5:45 AM-7AM
LIFTING 2:45 PM-4PM

11

LIFTING 5:45 AM-7AM
LIFTING 2:45 PM-4PM

12

13

14

15

LIFTING 5:45 AM-7AM
LIFTING 2:45 PM-4PM

16

LIFTING 5:45 AM-7AM
LIFTING 2:45 PM-4PM

17

LIFTING 5:45 AM-7AM
LIFTING 2:45 PM-4PM

18

LIFTING 5:45 AM-7AM
LIFTING 2:45 PM-4PM

19

20

FOOTBALL BINGO

21

22

LIFTING 5:45 AM-7AM
LIFTING 2:45 PM-4PM

23

LIFTING 5:45 AM-7AM
LIFTING 2:45 PM-4PM

24

LIFTING 5:45 AM-7AM
LIFTING 2:45 PM-4PM

25

LIFTING 5:45 AM-7AM
LIFTING 2:45 PM-4PM

26

27

28

29

LIFTING 5:45 AM-7AM
LIFTING 2:45 PM-4PM

30

LIFTING 5:45 AM-7AM
LIFTING 2:45 PM-4PM

31

LIFTING 5:45 AM-7AM
LIFTING 2:45 PM-4PM

2010

April

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i> 1 NO SCHOOL	<i>Fri</i> 2 NO SCHOOL	<i>Sat</i> 3
4	5 SPRING BREAK	6 SPRING BREAK	7 SPRING BREAK	8 SPRING BREAK	9 SPRING BREAK	10
11	12 LIFTING 5:45 AM-7AM LIFTING 2:45 PM-4PM	13 LIFTING 5:45 AM-7AM LIFTING 2:45 PM-4PM	14 LIFTING 5:45 AM-7AM LIFTING 2:45 PM-4PM	15 LIFTING 5:45 AM-7AM LIFTING 2:45 PM-4PM	16	17
18	19 LIFTING 5:45 AM-7AM LIFTING 2:45 PM-4PM	20 LIFTING 5:45 AM-7AM LIFTING 2:45 PM-4PM	21 LIFTING 5:45 AM-7AM LIFTING 2:45 PM-4PM	22 LIFTING 5:45 AM-7AM LIFTING 2:45 PM-4PM	23	24
25	26 LIFTING 5:45 AM-7AM LIFTING 2:45 PM-4PM	27 LIFTING 5:45 AM-7AM LIFTING 2:45 PM-4PM	28 LIFTING 5:45 AM-7AM LIFTING 2:45 PM-4PM	29 LIFTING 5:45 AM-7AM LIFTING 2:45 PM-4PM	30	

2010

May

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
						1
2	3 LIFTING 5:45 AM-7AM LIFTING 2:45 PM-4PM	4 LIFTING 5:45 AM-7AM LIFTING 2:45 PM-4PM	5 LIFTING 5:45 AM-7AM LIFTING 2:45 PM-4PM TD CLUB MTG @ 6PM COACH LOPARO'S RM	6 LIFTING 5:45 AM-7AM LIFTING 2:45 PM-4PM	7	8
9	10 LIFTING 5:45 AM-7AM LIFTING 2:45 PM-4PM	11 LIFTING 5:45 AM-7AM LIFTING 2:45 PM-4PM	12 LIFTING 5:45 AM-7AM LIFTING 2:45 PM-4PM	13 LIFTING 5:45 AM-7AM LIFTING 2:45 PM-4PM	14	15
16	17 LIFTING 5:45 AM-7AM LIFTING 2:45 PM-4PM	18 LIFTING 5:45 AM-7AM LIFTING 2:45 PM-4PM	19 LIFTING 5:45 AM-7AM LIFTING 2:45 PM-4PM	20 LIFTING 5:45 AM-7AM LIFTING 2:45 PM-4PM PHYSICALS AT THE H.S. 6-8 PM	21	22 <i>FOOTBALL BINGO</i>
23	24 LIFTING 5:45 AM-7AM LIFTING 2:45 PM-4PM	25 LIFTING 5:45 AM-7AM LIFTING 2:45 PM-4PM	26 LIFTING 5:45 AM-7AM LIFTING 2:45 PM-4PM	27 LIFTING 5:45 AM-7AM LIFTING 2:45 PM-4PM	28	29
30	31 NO SCHOOL					

2010

June

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
		1 LIFTING 5:45 AM-7AM LIFTING 2:45 PM-4PM	2 LIFTING 5:45 AM-7AM LIFTING 2:45 PM-4PM	3 LIFTING 5:45 AM-7AM LIFTING 2:45 PM-4PM	4 LIFTING 5:45 AM-7AM LIFTING 2:45 PM-4PM	5 GRADUATION
6	7 OFF ELITE DINNER @ HOGGY'S 5:30 PM	8 OFF	9 OFF LAST DAY OF SCHOOL	10 OFF	11 OFF	12
13	14 JV&V: WR & CON 9-11 A 9 th : WR & CON 10-12 A YOUTH CAMP GRADES 3-8 6-9 PM AT HAYES	15 JV&V: WR & CON 9-11 A 9 th : WR & CON 10-12 A YOUTH CAMP GRADES 3-8 6-9 PM AT HAYES	16 YOUTH CAMP GRADES 3-8 6-9 PM AT HAYES	17 JV&V: WR & CON 9-11 A 9 th : WR & CON 10-12 A	18 MANDATORY ATTENDANCE/ PACER CARDS (MS-HS) JV&V: WR & CON 9-11 A 9 th : WR & CON 10-12 A	19 FOOTBALL BINGO
20	21 JV&V: WR & CON 9-11 A 9 th : WR & CON 10-12 A	22 JV&V: WR & CON 9-11 A 9 th : WR & CON 10-12 A	23	24 JV&V: WR & CON 9-11 A 9 th : WR & CON 10-12 A	25 JV&V: WR & CON 9-11 A 9 th : WR & CON 10-12 A	26 GOLF OUTING @ Oak Haven 7 A
27	28 JV&V: WR & CON 9-11 A 9 th : WR & CON 10-12 A	29 JV&V: WR & CON 9-11 A 9 th : WR & CON 10-12 A	30			

2010

July

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
				1 OFF	2 OFF	3
4	5 JV&V: WR & CON 9-11 A 9 th : WR & CON 10-12 A	6 JV&V: WR & CON 9-11 A 9 th : WR & CON 10-12 A	7	8 JV&V: WR & CON 9-11 A 9 th : WR & CON 10-12 A	9 JV&V: WR & CON 9-11 A 9 th : WR & CON 10-12 A	10
11	12 JV&V: WR & CON 9-11 A 9 th : WR & CON 10-12 A	13 JV&V: WR & CON 9-11 A 9 th : WR & CON 10-12 A	14	15 JV&V: WR & CON 9-11 A 9 th : WR & CON 10-12 A	16 JV&V: WR & CON 9-11 A 9 th : WR & CON 10-12 A HELMET ISSUE	17
18	19 CAMP DAY #1 (9 th -12 th Grade) 9 AM-1 PM	20 CAMP DAY #2 (9 th -12 th Grade) 9 AM-1 PM	21 CAMP DAY #3 OVERNIGHT CAMP	22 CAMP DAY #4 OVERNIGHT CAMP 7-on-7 @ HARTLEY 6PM-9PM	23 CAMP DAY #5 OVERNIGHT CAMP (DISMISS DAY)	24 FOOTBALL BINGO
25	26 CAMP DAY #6 (9 th -12 th Grade) 9 AM-1 PM	27 CAMP DAY #7 (9 th -12 th Grade) 9 AM-1 PM	28 CAMP DAY #8 7-on-7 VS WESTERVILLE CENTRAL AT 12 (NOON)	29 CAMP DAY #9 (9 th -12 th Grade) 9 AM-1 PM	30 CAMP DAY #10 (9 th -12 th Grade) 9 AM-1 PM	31

2010

August

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 2-A-DAYS HELMETS	3 2-A-DAYS HELMETS	4 2-A-DAYS HELMETS & SHOULDER PADS	5 2-A-DAYS HELMETS & SHOULDER PADS	6 2-A-DAYS FULL PADS NO CONTACT PACER CARD BLITZ 5-8 PM	7 2-A-DAYS FULL PADS CONTACT PICTURE DAY 9 AM
8	9 2-A-DAYS	10 2-A-DAYS	11 2-A-DAYS	12 2-A-DAYS 9 th @ HAMILTON TWP 5:00 PM	13 2-A-DAYS	14 JV & V SCRIMMAGE @ GROVEPORT H.S. VS GROVEPORT, WESTLAND, HAMILTON 10AM
15	16 2-A-DAYS	17 2-A-DAYS	18 2-A-DAYS	19 2-A-DAYS	20 9 th (4:30 PM) JV & V SCRIMMAGE @ MARION HARDING 6PM	21 B.V. GAME PREP
22	23 IN-SCHOOL PRACTICE	24 IN-SCHOOL PRACTICE	25 IN-SCHOOL PRACTICE 9 TH VS B.V. @ 7PM	26 IN-SCHOOL PRACTICE	27 V @ B.V. 7 PM	28 JV VS B.V. 10 AM
29	30	31				

2010

September

Sun

Mon

Tue

Wed

Thu

Fri

Sat

1
9TH VS
OLENTANGY
5 PM

3
V @ OLENTANGY 7:30
PM

4
JV VS OLENTANGY
10 AM

5

6

7

8
9th @ LIBERTY
7 PM

9

10
V VS LIBERTY
7:30 PM

11
JV @ LIBERTY
10 AM

12

13

14

15
9TH V FRANKLIN
HTS 5 PM

16

17
V @ FRANKLIN HTS
7:30 PM

18
JV V FRANKLIN HTS 10
AM

19

20

21

22
9TH @ MT VERNON
5:30 PM

23

24
V VS MT VERNON
7:30 PM

25
JV @ MT VERNON
10 AM

26

27

28

29

30
9TH @ WATKINS
MEMORIAL 5 PM

2010

October

Sun

Mon

Tue

Wed

Thu

Fri

Sat

1
V VS WATKINS
MEMORIAL
7:30 PM

2
JV @ WATKINS
MEMORIAL 10 AM

3

4

5

6
9TH VS BIG
WALNUT 5 PM

7

8
V @ BIG WALNUT
7:30 PM

9
JV V BIG WALNUT
10 AM

10

11

12

13

14
9TH @ BRADLEY
5 PM

15
V VS BRADLEY
7:30 PM

16
JV @ BRADLEY
10 AM

17

18

19

20

21
9TH @ NEW
ALBANY 5 PM

22
V VS NEW ALBANY 7:30
PM

23
JV @ NEW ALBANY 10
AM

24

25

26

27
9TH VS ORANGE
5 PM

28

29
V @ ORANGE
7:30 PM

30
JV V ORANGE
10 AM

31

2010

November

Sun

Mon

Tue

Wed

Thu

Fri

Sat

1

2

3

4

5

6

REGIONAL
QUARTERFINAL

7

8

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REGIONAL SEMI-FINAL

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16

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REGIONAL FINAL

21

22

23

24

25

26

27

STATE SEMI-FINAL

28

29

30

2010

December

Sun

Mon

Tue

Wed
1

Thu
2

Fri
3

Sat
4
STATE FINAL

5

6

7

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2010